

Neck Gaiter Instructions

Made out of fleece material. Camo or dark green works best.

Finished size: 12" square laid flat

2 yards (58" wide material) makes 15 Neck Gaiters

Directions:

Fold

1. Cut approx. ½" off the unfinished selvage. Up to just shy of ½" can be left on because this part will be in the seam allowance.

2. Cut strips 12" wide by 23" long, starting at the cut edge. The length should go the width of the fabric. (The stretchy direction)

3. (Optional)

This step is not necessary since fleece material

does not ravel, but if you want a more finished look, the long edges can be hemmed.

Fold ½" over along the each long edge. Sew with a wide, long zig-zag stitch. (The zig-zag keeps the thread from breaking when the gaiter is stretched over the head.)

4. Fold each strip lengthwise, matching the edges & corners. Sew sides together ½" from the edge. Backstitch at the beginning & end of the seam.

Tip: *The top layer tends to want to stretch so the edges don't align when you get to the end of the seam. To prevent this - sew approx. 2" of the seam & stop. Align the bottom corners, hold & pull snugly. Sew seam while holding.*

5. Turn right side out.

The 6 small pieces left can also be sewn, which gives 3 more from the 2 yards. They are slightly smaller, but can still be used. To sew these:

1. Unfold 2 pieces & match edges & corners with the fold going vertically. Sew together each side using instructions in #4 above. (Be sure you are not sewing in the stretchy direction.)

2. Turn right side out.

A note indicating that this can be used on the face and/or neck should be included with the neck gaiters.

